



Billing Policy on Dry Needling

Background: Physical therapy services are billed to insurance companies using codes defined and approved by the AMA (American Medical Association). The various insurance companies have different policies and/or pay different rates according to state or federal rules, or contracts we have with each insurer.

1. In most cases, dry needling is performed along with other procedures, including an initial evaluation, exercise or activity modification instruction, electric stimulation, manual therapy, or other modalities. In these cases, your insurance will be billed appropriate AMA codes for the specific procedures performed on each visit.
2. In some cases, we cannot bill your insurance company, and you will be billed our minimum \$90 charge for a half hour visit. These cases are relatively rare, and we would discuss this with you in advance after your initial evaluation.

We are aware that other physical therapy providers may have different billing practices. Saunders Therapy Centers' billing policy is determined by guidelines from APTA and our understanding of the AMA and insurance definitions and rules.